



LAKEWOOD FAMILY YMCA  
183 E. Fairmount Ave., Lakewood, NY, 14750, 716/763-0303

# JUNIOR DEVELOPMENT TENNIS PROGRAM

*Come Learn a Sport of a lifetime!!!*

**Directed by: Paul Young, PTR Certified Instructor**  
**Extension 26 E-mail: [paulyoungtennis@yahoo.com](mailto:paulyoungtennis@yahoo.com)**

**Assisted by: Tom Anderson, Rod Beckerink,**  
**and Ron Condio, PTR Certified**

## Session Dates:

**Session 1: 9/15 - 11/8/08** \*No classes Saturday, 10/4 (Autumn Open USTA Junior Tournament)

**Session 2: 11/9 - 1/3/09** \*No classes Saturday, 11/22; Sunday, 11/23; Thursday, 11/27;  
Wednesday, 12/24; Thursday 12/25; Wednesday 12/31 and Thursday, 1/1/09

**Session 3: 1/4 - 2/28/09**

**Session 4: 3/1 - 4/25/09** \*No classes Saturday, 3/14; Sunday, 3/15; Friday, 4/10; Saturday 4/11 and  
Sunday 4/12

**Session 5: 4/27 - 6/20/09** \*No classes Monday, 5/25

## TOTS

For ages 4-6

Basic tennis skills will be taught but the emphasis will be on fun games to develop coordination and a love for the sport.

### DAYS:

|           |           |          |             |
|-----------|-----------|----------|-------------|
| Monday    | 3:30-4:00 | Thursday | 3:30-4:00   |
| Tuesday   | 3:30-4:00 | Friday   | 3:30-4:00   |
| Wednesday | 3:30-4:00 | Saturday | 10:00-10:30 |

**Cost: YMCA Member \$32 Potential Member \$56**

## INTERMEDIATE/ADVANCED

**Open only to players who are capable of playing an unsupervised set.** Contact Paul with any questions. The curriculum includes shot placement, strategies, spins, specialty shots, drills, games, and match play (singles and doubles).

### DAYS:

|         |           |          |            |
|---------|-----------|----------|------------|
|         |           | Thursday | 5:00-6:30  |
| Monday  | 5:00-6:30 | Friday   | 5:00-6:30  |
| Tuesday | 5:00-6:30 | Saturday | 11:30-1:00 |

**Cost: YMCA Member \$96 Potential Member \$120 YMCA Member \$128 Potential Member \$152**

## BEGINNER /INTERMEDIATE JUNIOR TENNIS LEAGUE

\*Sessions 2, 3 and 4 only

\*Ages seven and up

\*Modified balls and rules used as necessary

\*All matches are supervised

\*Balls are provided

\*Awards at the end of each session

DAY: Sunday 1:00-2:30

**Cost: \$48.00**

## BEGINNERS

For ages 7 and up

The basic fundamentals of tennis will be taught which include stroke production, footwork, rules, positioning, scoring, and etiquette of the game.

### DAYS:

|           |           |          |             |
|-----------|-----------|----------|-------------|
| Monday    | 4:00-5:00 | Thursday | 4:00-5:00   |
| Tuesday   | 4:00-5:00 | Friday   | 4:00-5:00   |
| Wednesday | 4:00-5:00 | Saturday | 10:30-11:30 |

**YMCA Member \$64 Potential Member \$88**

## ELITES

Designed for the top players in the area. Must register directly with Paul.

Elite students may also enroll in intermediate/advanced classes.

### DAYS:

Wednesday 5:00-7:00

## **ATTENTION JUNIORS AND PARENTS!!!!**

**WE WILL BE IMPOSING STRICT LIMITS ON ALL OF OUR CLASSES. NO REGISTRATION IS VALID WITHOUT PAYMENT AND A COMPLETED FORM. THIS WILL ENABLE THE STUDENT TO BE ENTERED IN OUR COMPUTER SYSTEM AND PUT ON A ROSTER. IF YOU ARE UNABLE TO FIND A CLASS TIME THAT IS OPEN PLEASE CONTACT PAUL YOUNG FOR MORE OPTIONS.**

## **REGISTRATION FORM ON BACK**



