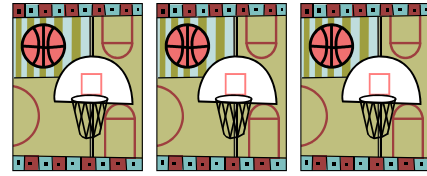


# JAMESTOWN YMCA GYM SCHEDULE JULY-AUGUST 2008



GYM SCHEDULE MAY CHANGE ACCORDING TO PROGRAM NEEDS.

## LOWER GYM

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>	
6:00-9:00AM Open Rec	6:00-9:00AM Open Rec	6:00-9:00AM Open Rec	6:00-9:00AM Open Rec	6:00-9:00AM Open Rec	6:00- 2:30 AM Open Rec	CLOSED	
9:00AM-12:00PM Day Camp	9:00AM-12:00PM Day Camp	9:00AM-12:00PM Day Camp	9:00AM-12:00PM Day Camp	9:00AM-12:00PM Day Camp			
12:00-1:30PM Noon Basketball	12:00-1:30PM Open Rec	12:00-1:30PM Noon Basketball	12:00-1:30PM Open Rec	12:00-1:30PM Noon Basketball			
1:30-4:30PM Day Camp	1:30-4:30PM Day Camp	1:30-4:30PM Day Camp	1:30-4:30PM Day Camp	1:30-4:30PM Day Camp			2:30 PM-7:00 PM Rentals
4:30-9:00 PM Open Rec	4:30-9:00 PM Open Rec	4:30-9:00 PM Open Rec	4:30-9:00 PM Open Rec	4:30-9:00 PM Open Rec			

## UPPER GYM

<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>	<u>SUNDAY</u>
6:00-9:30 AM Open Rec	6:00-9:30 AM Open Rec	6:00-9:00 AM Open Rec	6:00-9:30 AM Open Rec	6:00-9:30 AM Open Rec	6:00AM-7:00 PM Open Rec	CLOSED
9:30-10:30 AM Silver Sneakers Muscular Strength	9:30AM-9:00 PM Open Rec	9:30-10:30AM Silver Sneakers Muscular Strength	9:30 AM-5:00 PM Open Rec	9:30-12:00 PM Open Rec		
10:30AM-12:00 PM Open Rec		10:30 AM-12:00 PM Open Rec	5:00-9:00 PM Jr. High Basketball Leagues	12:00-1:30 PM Noon Basketball		
12:00-1:30 PM Noon Basketball		12:00-1:30 PM Noon Basketball				
1:30-9:00 PM Open Rec		1:30-5:00 PM Open Rec	1:30-5:00 PM Open Rec			
	5:00-9:00 PM Teen Rec	5:00-9:00 PM Teen Rec				