

2007 YMCA Amy King Run
5K RACE

FIRST OVERALL MALE:

1 Dan Moore Time 16:04
2 Dan Mueller Time 16:06
3 Ben Nelson Time 17:48

MALE 14 & UNDER:

1 Zachary Stahlsmith Time 26:20
2 Ian McFarland Time 26:32
3 Ryan McWilliams Time 26:37

MALE 15-18:

1 Jim Schrecongost Time 18:09
2 Savantudy Boyette Time 18:33
3 Brendon Green Time 18:42

MALE 19-24:

1 _____ Time _____
2 _____ Time _____
3 _____ Time _____

MALE 25-29

1 Jason McFarland Time 19:57
2 Ryan Howard Time 27:07
3 _____ Time _____

MALE 30-34

1 Steve Sipior Time 20:02
2 _____ Time _____
3 _____ Time _____

MALE 35-39

1 Matt Gronquist Time 20:23
2 Dennis Ewing Time 20:24
3 Mike Vanham Time 20:45

FIRST OVERALL FEMALE:

1 Erin Kling Time 20:18
2 Lydia Samuelson Time 21:09
3 Mindy Lawson Time 21:32

FEMALE 14 & UNDER:

1 _____ Time _____
2 _____ Time _____
3 _____ Time _____

FEMALE 15-18:

1 Susan Bentley Time 21:41
2 Megan Lasher Time 21:59
3 Michelle Phelps Time 24:10

FEMALE 19-24:

1 Sami Hallberg Time 23:51
2 Bethany Kling Time 25:56
3 Danielle DeJoy Time 26:48

FEMALE 25-29

1 _____ Time _____
2 _____ Time _____
3 _____ Time _____

FEMALE 30-34

1 Kristen Gronquist Time 26:57
2 _____ Time _____
3 _____ Time _____

FEMALE 35-39

1 Stephanie Goot Time 22:35
2 Wendy Bond Time 25:36
3 Tricia Hedberg Time 26:06

MALE 40-44

1 <u>Jon Marsh</u>	Time <u>20:48</u>
2 <u>Eric Williams</u>	Time <u>23:18</u>
3 <u>John Lloyd</u>	Time <u>26:41</u>

MALE 45-49

1 <u>Tony Dolce</u>	Time <u>18:54</u>
2 <u>Steve Abdella</u>	Time <u>20:49</u>
3 <u>Vince DeJoy</u>	Time <u>24:04</u>

MALE 50-59

1 <u>Bruce Main</u>	Time <u>21:08</u>
2 <u>Rich Siegel</u>	Time <u>25:02</u>
3 <u>Tim Geiger</u>	Time _____

MALE 60 +

1 <u>Werner Schmidfrerick</u>	Time <u>25:41</u>
2 <u>Jerry Holmes</u>	Time <u>27:29</u>
3 <u>Scott Sawyer</u>	Time <u>31:02</u>

FEMALE 40-44

1 <u>Diane Kling</u>	Time <u>23:42</u>
2 <u>Sonja McGonigal</u>	Time <u>24:27</u>
3 <u>Lisa Schmidfrerick</u>	Time <u>26:27</u>

FEMALE 45-49

1 <u>Kathy Stedman</u>	Time <u>26:35</u>
2 <u>Helen Leonard</u>	Time <u>26:49</u>
3 <u>Diane Bonesteel</u>	Time <u>36:22</u>

FEMALE 50-59

1 <u>Cindy Loverme</u>	Time <u>28:34</u>
2 <u>Colleen Allen</u>	Time <u>33:44</u>
3 <u>Louise Johnson</u>	Time <u>35:13</u>

FEMALE 60 +

1 <u>Marcia DelaCerde</u>	Time <u>33:45</u>
2 _____	Time _____
3 _____	Time _____

2007 YMCA AMY KING RUN
5 MILE WALK

TOP 5 MALE FINISHERS:

1 <u>Chris Lawson</u>	Time <u>30:48</u>
2 <u>Charles Hodges</u>	Time <u>35:39</u>
3 <u>Matt Russo</u>	Time <u>37:54</u>
4 <u>Bruce Battler</u>	Time <u>39:49</u>
5 <u>Jeff Bloomquist</u>	Time <u>40:27</u>

TOP 5 FEMALE FINISHERS:

1 <u>Dawn Scarsone</u>	Time <u>35:19</u>
2 <u>Vita Damon</u>	Time <u>39:47</u>
3 <u>Loretta Mazgaj</u>	Time <u>39:48</u>
4 <u>Taylor Russo</u>	Time <u>40:26</u>
5 <u>Mandy Smith</u>	Time <u>41:30</u>